

**Corn Oil Tally Sheet of Quality Ratings - Effect of Phytosterols,
Design Type 1, Design Type 3 and Analytical Studies**

Instructions: This sheet can be used to record quality rating for each criterion (Yes/No/NA) and the final quality determination (+,Ø,-) as each article is appraised. Recording answers for each criterion provides a record for future reference and facilitates a check of intra- and interrater reliability. Rows across the bottom can be used for notes. In this example the space is used to note specific information that would be relevant to the Expert Group responsible for formulating the Conclusion Statement and its grade.

	RCT	RCT	RCT	Non-RT	Non-RT	CT	
Author	Ostlund et al.	Howell et al.	Kohlmeier et al.	Haust & Beveridge	Grande et al.	Moreau et al.	Milkova et al.
Year	2002	1998	1988	1963	1958	1999	1977
Relevance Questions							
1	Yes	Yes	Yes	Yes	Yes	Yes	NA
2	Yes	No	Yes	No	No	Yes	NA
3	Yes	Yes	Yes	Yes	Yes	Yes	NA
4	Yes	Yes	Yes	Yes	Yes	Yes	NA
Validity Questions							
1	Yes	Yes	Yes	No	Yes	Yes	NA
2	Yes	Yes	Yes	No	Yes	NA	NA
3	Yes	Yes	NA	No	No	Yes	NA
4	Yes	No	Yes	Yes	No	NA	NA
5	Yes	Yes	Yes	No	No	No	NA
6	Yes	Yes	Yes	No	No	Yes	NA
7	Yes	Yes	Yes	No	Yes	Yes	NA
8	No	Yes	?	No	No	Yes	NA
9	Yes	Yes	Yes	No	Yes	Yes	NA
10	Yes	Yes	No	No	Yes	Yes	NA
Quality Rating (+, Ø, -)	+	+	+	-	Ø	NA	NA
Magnitude of Effect	$P<0.05$	$P<0.05$	$P<0.05$, 0.01 and 0.001	Not specified	Not specified	$P<0.05$	NA
Sample Size	20	16	15	2	93	NA	NA
Relevance to Target Population	Healthy men and women	Healthy men and women	Healthy men	Healthy and diabetic males	Schizophrenic men	Corn fiber sample	NA